

Munken Polar

Extraordinary printing demands extraordinary design paper. The uncoated smooth surface of Munken Polar and its crispy white shade enhances images and has an exclusive, yet very natural feel. Munken Polar is developed for offset print and also suitable for various kinds of printing techniques; flexo, laser, xerography, digital printing, inkjet and for preprint applications. Available also is a cream shade, Munken Pure, a natural white version, Munken Lynx and the highwhite Munken Kristall.

Munken Polar standard products are available as EU Ecolabel, FSC® – The mark of responsible forestry. www.fsc.org. FSC-C020637 and PEFC™ PEFC/05-33-99 certified.



The mark of responsible forestry







Technical specifications

Basic information: Optimized for colour printing, Available in sheets, Available in reels

Surface: Smooth, Uncoated

Shade: Crisp White

Printing techniques: Offset, Flexo, Laser, Inkjet (black/white)

Certificates/Statements: FSC_C020637, PEFC_053399, EU Ecolabel, The paper is inspected for Nordic Ecolabelled

printing, ECF, ISO 14001, EMAS, Paper Profile, Safety of Toys, Food contact, Age resistant

(ISO 9706), Woodfree, Cradle to Cradle Certified®

2023-04-06 1/2

Munken Polar

Grammage (g/m²)	80 *	90	100	120	130	150	170	200	240	300 B	400 B	600 ^B
Opacity (%)	89	91	93	95	96	97	98	99	99	100	100	100
Thickness (μm)	104	117	113	136	147	170	192	226	271	339	452	678
Bulk (thickness/grammage)	1.3	1.3	1.13	1.13	1.13	1.13	1.13	1.13	1.13	1.13	1.13	1.13
Whiteness (CIE)	145	145	145	145	145	145	145	145	145	145	145	145
Brightness (ISO 2470/D65 %)	109	109	109	109	109	109	109	109	109	109	109	109
Roughness (Bendtsen, ml/min)	150	150	150	150	150	150	150	150	150	150	150	150

^B Laminated paper

Screen recommended 133-150 lpi

Values are targets only and can be subject to changes over time without prior notice. You will find the latest technical information and other technical recommendations about our products at arcticpaper.com

2023-04-06 2/2

^{*} Fully preprint adapted



Munken Polar Rough

Extraordinary printing demands extraordinary design paper. The uncoated, extra tactile surface of Munken Polar Rough and its crisp white shade make a perfect combination for well-defined images and even more of a natural paper feel. Thanks to high bulk you can choose a lower grammage and keep thickness as well as paper stability for the best final result. Munken Polar Rough is developed for offset print and also suitable for various kinds of printing techniques; flexo, laser, xerography, digital printing, inkjet and for preprint applications. Also available is a natural white, Munken Lynx Rough, a cream shaded version, Munken Pure Rough and the highwhite Munken Kristall Rough.

Munken Polar Rough standard products are available as EU Ecolabel, FSC^{\otimes} – The mark of responsible forestry. www.fsc.org. FSC-C020637 and PEFCTM PEFC/05-33-99 certified.



The mark of responsible forestry







Technical specifications

Basic information: Optimized for colour printing, Available in sheets, Available in reels

Surface: Rough, Uncoated Shade: Crisp White

Printing techniques: Offset, Flexo, Laser, Inkjet (black/white)

Certificates/Statements: FSC_C020637, PEFC_053399, EU Ecolabel, ECF, ISO 14001, EMAS, Paper Profile, Safety of

Toys, Food contact, Age resistant (ISO 9706), Woodfree, The paper is inspected for Nordic

Ecolabelled printing , Cradle to Cradle Certified®

2023-04-06 1/2

Munken Polar Rough

Grammage (g/m²)	90	100	120	150	170	300 ^B	
Opacity (%)	91	93	95	97	98	100	
Thickness (μm)	126	140	168	210	238	420	
Bulk (thickness/grammage)	1.4	1.4	1.4	1.4	1.4	1.4	
Whiteness (CIE)	145	145	145	145	145	145	
Brightness (ISO 2470/D65 %)	109	109	109	109	109	109	
Roughness (Bendtsen, ml/min)	550	550	550	550	550	550	

^B Laminated paper

Screen recommended 133-150 lpi

Values are targets only and can be subject to changes over time without prior notice. You will find the latest technical information and other technical recommendations about our products at arcticpaper.com

2023-04-06 2/2